

Patient Care Plan template for allied health providers

Explanatory notes

This is an optional template that allied health providers can use to prepare a Patient Care Plan (PCP) at the start of a treatment cycle. All sections should be completed to meet the PCP requirements. Allied health providers are strongly encouraged to share the PCP with the client's GP. Refer to the [Guide to the treatment cycle for GPs and allied health providers](#) for more details about the treatment cycle, including steps in the cycle, client goals, outcome measures and exceptions.

Client details	<p>Referring clinician: This may be the client's GP or medical specialist, or a health professional as part of a hospital discharge.</p> <p>Referral date for this cycle: Referrals are valid for up to 12 sessions or one year, whichever ends first.</p> <p>Previous treatment: Record the dates of previous treatment, including the date of initial consultation for this condition/reason and dates of previous treatment cycles. This will provide the total duration of management.</p> <p>Client consent: You are required to record the client's consent to the PCP to meet the requirements described in Notes for allied health providers.</p>
Condition(s) being managed/reason(s) for referral	Describe the condition(s) being managed or reason(s) for referral. Also include additional information about the condition(s) or reason(s) that may not have been identified in the referral.
Client goals	Patient-centred care includes collaborative goal-setting between the client and their allied health provider. This can also empower the client to manage their own care. Goals should be SMART – specific, measurable, achievable, relevant and timely. They should also focus on improving the client's ability to participate in society or self-manage their condition.
Proposed management plan	Outline the treatment you plan to give that will help achieve the client's goals, including specific roles of both you and the client. For example, a physiotherapist may prescribe strengthening exercises targeting shoulder muscles and the client will commit to performing the program three times each week. Include treatment modality; type, number and frequency of services; any aids or appliances required; the expected outcomes or results of the treatment; and proposed timelines. These elements are necessary to meet the requirements of the PCP.
Outcome measures	<p>List the outcome measures you will use to evaluate treatment effectiveness. Outcome measures must be standardised and validated.</p> <p>Initial assessment score: The score for the outcome measure at the client's initial assessment. If the client has had previous treatment cycles for the same condition, use the score from the initial assessment of the client's first treatment cycle, not the current cycle.</p> <p>Start of this cycle score: The score for the outcome measure at the start of the current treatment cycle. If this is the first time the client has been treated for this condition, the score will be the same as the initial assessment score.</p> <p>Include the date that each score was recorded.</p> <p>Interpretation of outcome measures and additional comments: Describe what the outcome measure scores mean for the client and the outcomes you expect from the planned treatment. For example, what does the initial score indicate about their health or functional status? If they have had previous treatment for this condition, are they progressing as expected? Also include any other additional comments to help the client's GP assess their needs.</p> <p>Attach additional pages for the outcome measures or scales, if required.</p>