

# EXERCISE PHYSIOLOGISTS SCHEDULE OF FEES EFFECTIVE 1 JULY 2023



Exercise physiology provides clinically necessary treatment with a strong focus on clinical exercise prescription, physical activity education and behaviour modification. Exercise physiology treatment of chronic conditions should facilitate the transition into self-management.

## **DEFINITIONS**

### **Treatment Cycle**

- Treatment cycle referral arrangements were introduced on 1 October 2019.
- For more information providers must refer to Notes for Allied Health Providers - Section One: General and Section 2(f).
- The treatment cycle does not apply to exercise physiology services for Totally and Permanently Incapacitated (TPI) Gold Card holders.

**The treatment cycle does not apply to the following items:**

<b>EP76-78</b>	<b>Multi-disciplinary case conferencing</b>
<b>EP90</b>	<b>End of Cycle Report</b>
<b>EP99</b>	<b>Request for Service</b>

**Any allied health services provided to a DVA client while they are admitted to hospital.**

### **Initial Consultation**

- Each treatment cycle must start with an initial consultation.
- Only one initial consultation item can be claimed with each treatment cycle.
- Includes the completion or update of a patient care plan.
- For TPI Gold Card holders, initial consultations can only be claimed for a new episode of care or a new and unrelated condition, and for which a new referral has been issued. A maximum of three initial consultations can be claimed in a 12 month period.
- Must be provided to the client individually with an expected duration of at least 20 minutes.
- Treatment for White Card holders must be related to an accepted disability. Eligibility must be established before starting treatment.

### **Subsequent Consultation**

- Cannot be provided on the same day as any other consultation or session for the same client.
- Must be provided to the client individually, with an expected duration of at least 20 minutes.

### **Group Session**

- Participants will receive constant overall supervision by an exercise physiologist during the group session, and sessions will be provided with intermittent individual care.
- Cannot be provided on the same day as any other consultation or session for the same client.
- Must be provided with 2 or more participants, up to a maximum of 12 participants, with an expected duration of at least 30 minutes.

### **Aquatic Session**

- Cannot be provided on the same day as any other consultation or session for the same client.

**Shaded items require prior financial authorisation from DVA. To obtain prior financial authorisation, please contact DVA using the contact details at the end of this Schedule.**

**FURTHER INFORMATION TO ASSIST YOU WHEN TREATING MEMBERS OF THE  
VETERAN COMMUNITY IS CONTAINED IN THE 'NOTES FOR EXERCISE  
PHYSIOLOGISTS' AVAILABLE ON THE DVA WEBSITE AT:**

**<http://www.dva.gov.au/providers/allied-health-professionals>**

## **FACE-TO-FACE SERVICES**

### **ROOMS**

<b>ITEM NO.</b>	<b>DESCRIPTION</b>	<b>FEE *</b>	<b>GST STATUS ++</b>
EP10	Initial Consultation	\$70.40	Taxable
EP11	Subsequent Consultation	\$70.40	Taxable

### **HOME**

A kilometre allowance may be paid when the nearest suitable provider must travel to provide an assessment or treatment in the entitled person's place of residence.

<b>ITEM NO.</b>	<b>DESCRIPTION</b>	<b>FEE *</b>	<b>GST STATUS ++</b>
EP12	Initial Consultation	\$75.65	Taxable
EP13	Subsequent Consultation	\$70.40	Taxable

## **PERMANENT TELEHEALTH SERVICES**

- Permanent telehealth services must be provided in accordance with the conditions set out in the *Notes for Allied Health Providers – Section One: General*.
- Telehealth services can only be provided if the full service can be delivered safely and in accordance with all relevant professional standards and clinical guidelines.
- Services without a specific telehealth item number must be delivered in person.
- Initial consultations cannot be provided under permanent telehealth arrangements.
- Phone consultations can only be provided when video conferencing is unavailable.
- Telehealth services can only be claimed where a visual or audio link has been established with the patient.
- Telehealth services may be delivered to clients in hospital or residential aged care facilities, where the equivalent in person service does not require prior approval.
- Telehealth may be considered outside of these requirements on a case by case basis via prior financial authorisation.

<b>ITEM NO.</b>	<b>ITEM DESCRIPTION</b>	<b>FEE (excluding GST)</b>	<b>GST STATUS ++</b>
EP70	Subsequent Consultation – Video Conference	\$70.40	Taxable
EP71	Subsequent Consultation – Phone Consultation	\$70.40	Taxable

## **TREATMENT CYCLE**

- Only one End of Cycle Report item can be claimed with each treatment cycle.
- Item is only claimable after an End of Cycle Report has been submitted to the DVA client's usual GP.
- To support continuity of care, an End of Cycle Report can be submitted after eight sessions of treatment. However, a total of 12 sessions should still be provided before moving to a new treatment cycle.
- Where the DVA client requires a shorter length of treatment and an additional treatment cycle is not required, a minimum of two sessions of treatment must be provided before an End of Cycle Report can be claimed.
- This item cannot be claimed for entitled persons who are identified as TPI on their DVA Gold Card.

<b>ITEM NO.</b>	<b>DESCRIPTION</b>	<b>FEE *</b>	<b>GST STATUS ++</b>
EP90	End of Cycle Report	\$32.30	Taxable

## **MULTI-DISCIPLINARY CASE CONFERENCING**

- These items can be claimed for participating in multi-disciplinary case conferences.
- The case conference must be organised by the DVA client's usual general practitioner (GP), as defined in the Notes for allied health providers Section One: General.
- The case conference must include at least two allied health providers.
- Only one item per DVA client can be claimed in a three month period.

<b>ITEM NO.</b>	<b>DESCRIPTION</b>	<b>FEE (excluding GST)</b>	<b>GST STATUS ++</b>
EP76	GP initiated case conference – 15 to less than 20 minutes	\$53.50	GST-free
EP77	GP initiated case conference – 20 to less than 40 minutes	\$91.75	GST-free
EP78	GP initiated case conference – 40 minutes and over	\$152.70	GST-free

## PRIVATE HOSPITALS

- Treatment cycle arrangements do not apply to allied health treatment provided to DVA clients while they are admitted to hospital.
- The Department will only pay for health care services carried out by providers in private hospitals when the contract between DVA and the hospital does not already cover these services.
- It is the provider's responsibility to determine whether or not health care services are included in the bed-day rate under the DVA contract, before providing services. This can be done by contacting the Veteran Liaison Officer at the hospital or DVA.

*Only one 1<sup>st</sup> Client claim applies in the same facility (i.e. EP18 or EP20).*

ITEM NO.	DESCRIPTION	FEE *	GST STATUS ++
EP18	Initial Consultation - 1st Client	\$75.65	Taxable
EP19	Initial Consultation - 2nd & Subsequent Clients	\$70.40	Taxable
EP20	Subsequent Consultation - 1st Client	\$70.40	Taxable
EP21	Subsequent Consultation - 2nd & Subsequent Clients	\$70.40	Taxable

## RESIDENTIAL AGED CARE FACILITIES (RACFs)

- A case-mix based funding model for aged care commenced on 1 October 2022 – the Australian National Aged Care Classification (AN-ACC).
- It is the responsibility of the RACF to provide allied health services consistent with each resident's individual care plan.
- It is the health care provider's responsibility to determine if the RACF is funded to deliver the allied health service before treatment is provided.
- DVA will only pay for an allied health service delivered to a DVA client living in a RACF, if the facility is not otherwise funded to provide that service.
- Where DVA funds treatment, Treatment Cycle arrangements **apply** to the services provided to DVA clients in a RACF.

*Only one 1<sup>st</sup> Client claim applies in the same facility (i.e. EP26 or EP28).*

ITEM NO.	DESCRIPTION	FEE *	GST STATUS ++
EP26	Initial Consultation - 1st Client	\$75.65	Taxable
EP27	Initial Consultation - 2nd & Subsequent Clients	\$70.40	Taxable
EP28	Subsequent Consultation - 1st Client	\$70.40	Taxable
EP29	Subsequent Consultation - 2nd & Subsequent Clients	\$70.40	Taxable

## **PUBLIC HOSPITALS**

Treatment cycle arrangements do not apply to allied health treatment provided to DVA clients while they are admitted to hospital.

The Department will only pay for health care services carried out in public hospitals in exceptional circumstances, and only where DVA has given prior financial authorisation.

*Only one 1<sup>st</sup> Client claim applies in the same facility (i.e. EP14 or EP16).*

<b>ITEM NO.</b>	<b>DESCRIPTION</b>	<b>FEE *</b>	<b>GST STATUS ++</b>
EP14	Initial Consultation - 1st Client	\$75.65	Taxable
EP15	Initial Consultation - 2nd & Subsequent Clients	\$70.40	Taxable
EP16	Subsequent Consultation - 1st Client	\$70.40	Taxable
EP17	Subsequent Consultation - 2nd & Subsequent Clients	\$70.40	Taxable

## **GROUP SESSIONS**

- Group therapy cannot be delivered by telehealth.
- A group exercise physiology session is considered a consultation under the treatment cycle referral arrangements.
- The cost of gymnasium admission for the entitled person, if necessary, is included in the fee.
- Exercise physiologists are unable to claim travel costs when they travel from their rooms to a gymnasium facility to provide group exercise physiology services.

<b>ITEM NO.</b>	<b>DESCRIPTION</b>	<b>FEE *</b>	<b>GST STATUS ++</b>
EP30	Exercise Physiology - Group Sessions (per client) <i>Two or more participants, up to a maximum of 12 participants.</i>	\$31.45	Taxable

## AQUATIC EXERCISE PHYSIOLOGY

- Aquatic exercise physiology cannot be delivered by telehealth.
- Supervised individual and supervised group aquatic exercise physiology sessions are each considered a consultation under the treatment cycle referral arrangements.
- The cost of the pool admission for the entitled person is included in the fee. Exercise physiologists are unable to claim travel costs when they travel from their rooms to a pool facility to provide aquatic exercise physiology services.

ITEM NO.	DESCRIPTION	FEE *	GST STATUS ++
EP31	Supervised Individual Aquatic Exercise Physiology	\$70.40	Taxable
EP32	Supervised Group Aquatic Exercise Physiology (per client) <i>Two or more participants, up to a maximum of 12 participants.</i>	\$31.45	Taxable

## DIRECT SUPPLY TO DVA

*(Subject to prior financial authorisation)*

Use item number EP99 only when DVA contacts you directly to request you to provide a:

- written report; or
- consultation or assessment to entitled persons, either separately or in conjunction with a written report.

For example, this may occur when DVA requires a second opinion concerning treatment for an entitled person. DVA will give financial authorisation and advise the fee at the time of the request, according to the above schedule items. The kilometre allowance is included in the fee, and is **not** to be claimed in addition to the fee.

***Please note: This item does not cover the supply of clinical notes, care plans or other information requested by DVA as part of monitoring activities, as these are provided free-of-charge under DVA requirements.***

ITEM NO	DESCRIPTION	FEE *	GST STATUS ++
EP99	Report or service specifically requested by DVA	Fee specified at time of request	GST applicable

## KEY

* FEE	The fee is GST-exclusive
++ GST STATUS	Paragraph 38-10(1)(b) of the (Goods and Services Tax) GST Act states that only a 'recognised professional' can supply GST-free health services as listed in section 38-10. Please refer to section 195-1 of the GST Act for the definition of 'recognised professional' for GST purposes.

## DVA CONTACTS

Further information on allied health services may be obtained from DVA. The contact numbers for health care providers requiring further information or prior financial authorisation for all States & Territories are listed below:

### PHONE NUMBER:

1800 550 457 (Select Option 3, then Option 1)

### POSTAL ADDRESS FOR ALL STATES AND TERRITORIES:

Health Approvals & Home Care Section  
Department of Veterans' Affairs  
GPO Box 9998  
BRISBANE QLD 4001

### DVA WEBSITE:

<http://www.dva.gov.au/providers/allied-health-professionals>

**DVA email for prior financial authorisation:**  
[health.approval@dva.gov.au](mailto:health.approval@dva.gov.au)

The appropriate prior approval request form can be found at: <https://www.dva.gov.au/providers/services-requiring-prior-approval>

## CLAIMS FOR PAYMENT

For more information about claims for payment visit: <https://www.dva.gov.au/providers/claiming-and-compliance/provider-claims>

**Claim Enquiries:** 1300 550 017  
(Option 2 Allied Health)

### Claiming Online and DVA Webclaim

DVA offers online claiming utilising Medicare Online Claiming. DVA Webclaim is available on the Services Australia [Provider Digital Access \(PRODA\) Service](#). For more information about the online solutions available:

- DVA Webclaim/Technical Support –  
Phone 1800 700 199 or email  
[eBusiness@servicesaustralia.gov.au](mailto:eBusiness@servicesaustralia.gov.au)
- Billing, banking and claim enquiries –  
Phone 1300 550 017
- Visit the Services Australia website at:  
[doing business online](#)

### Manual Claiming

Please send all claims for payment to:

Veterans' Affairs Processing  
Services Australia  
GPO Box 964  
ADELAIDE SA 5001

DVA provider fillable and printable health care claim forms & service vouchers are also available on the DVA website at:

<https://www.dva.gov.au/providers/provider-forms>