



## National Carer Support Services

### Carer Legislation Training - Peak Bodies Reference Sheet

Organisation Key contacts	About the organisation	Website	Telephone
Carers Australia & State & Territory Carer Association Advisory lines	<p>The national peak body representing carers in Australia.</p> <p>The Carer Association in each state and territory provides a carer counselling program and advisory line providing information about respite, and carer services. Some offer education &amp; training opportunities.</p>	<a href="http://www.carersaustralia.org.au">www.carersaustralia.org.au</a>	1800 242 636
Commonwealth Respite & Carelinks Centre (CRCC)	<p>Centres can coordinate access to respite services in your local area, provide information and can work with you to plan approaches to respite and other support needs. Contact can be made via the My Aged Care Information Line.</p>	<a href="http://www.commcarelink.health.gov.au">www.commcarelink.health.gov.au</a> or via <a href="http://www.myagedcare.gov.au">http://www.myagedcare.gov.au</a>	1800 200 422

Organisation Key contacts	About the organisation	Website	Telephone
Department of Veterans' Affairs (DVA)	DVA provides a range of services including pensions, home care, respite and rehabilitation appliances to eligible veterans, war widows/ers (eligible persons).	<a href="http://www.dva.gov.au">www.dva.gov.au</a>	133 254 1800 555 254 (regional callers)
Veterans and Veterans Families Counselling Service (VVCS)	VVCS provides counselling and group programs to Australian veterans, peacekeepers and their families. It is a specialised, free and confidential Australia wide service.	<a href="http://www.dva.gov.au/health">www.dva.gov.au/health</a>	1800 011 046
Partners of Veterans Association of Australia (PVA)	PVA is run by volunteers and offers friendship, support, information and understanding to partners of veterans, by people in similar situations.	<a href="http://www.pva.org.au">www.pva.org.au</a>	1300 553 835

The information above was obtained from the relevant websites and was correct as at October 4, 2013

Organisation Veteran specific	About the organisation	Website	Telephone
Returned and Services League of Australia Limited (RSL)	<p>The RSL evolved as a direct result of the camaraderie, concern and mateship shown by the "Diggers" for the welfare of their mates during and after the 1914 - 1918 War.</p> <p>There are State and Territory Branches of the RSL and numerous sub-branches throughout Australia and ask about the supports and services available.</p>	<a href="http://www.rsl.org.au">www.rsl.org.au</a> (national website)	
Vietnam Veterans Association of Australia (VVAA)	<p>The VVAA remains a wholly volunteer body, whose sole interest is the welfare of veterans and the families of veterans. It has strong representation in every <a href="#">State and Territory</a>, and very close ties with equivalent organisations in the <a href="#">United States</a> and New Zealand.</p>	<a href="http://www.vvaa.org.au">www.vvaa.org.au</a>	
Legacy	<p>Legacy is a charity providing services to Australian families suffering financially and socially after the incapacitation or death of a spouse or parent, during or after their defence force service.</p>	<a href="http://www.legacy.com.au">www.legacy.com.au</a>	
Beyond Blue	<p>Beyond Blue provides information about depression, anxiety and related disorders to consumers, carers, and health professionals.</p>	<a href="http://www.beyondblue.org.au">www.beyondblue.org.au</a>	1300 224 636
Mental Illness Fellowship of Australia (MIFA)	<p>MIFA is a national network of service providers with members in every state and territory working alongside individuals and families affected by serious mental illness.</p>	<a href="http://www.mifa.org.au/states-services">http://www.mifa.org.au/states-services</a>	See website for state & territory contacts

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Condition specific organisation	About the organisation	Website	Telephone
SANE Australia Helpline	SANE conducts innovative programs and campaigns to improve the lives of people living with mental illness, their family and friends. It also operates a busy Helpline and website, which have thousands of contacts each year from around Australia.	<a href="http://www.sane.org">www.sane.org</a>	1800 187 263
Chronic Illness Alliance	The Chronic Illness Alliance has 55 member organisations, both state and national. The aim of the Alliance is to build a better focus in health policy and health services for all people with chronic illnesses. It does this through education and research projects.	<a href="http://www.chronicillness.org.au">www.chronicillness.org.au</a>	National Office  (03) 8809 0641 (03) 8809 0626
Cancer Council Australia Helpline	The Cancer Council Helpline is a free, confidential telephone information and support service run by Cancer Councils in each state and territory. Services are for cancer patients, people living with cancer, their families, carers and friends, teachers, students and healthcare professionals.	<a href="http://www.cancer.org.au">www.cancer.org.au</a>	13 11 20
Heart Foundation Info line	The Heart Foundation saves lives and improves health through funding world-class cardiovascular research, guidelines for health professionals, informing the public and assisting people with cardiovascular disease.	<a href="http://www.heartfoundation.org.au">www.heartfoundation.org.au</a>	1300 362 787

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National Stroke Foundation Stroke line	The National Stroke Foundation offers the Australian Community the information and support they need to prevent stroke, live with stroke and to work effectively in stroke health services.	<a href="http://www.strokefoundation.com.au">www.strokefoundation.com.au</a>	1800 787 653
Diabetes Australia Info line	Is a national federated body comprising state and territory organisations supporting people with diabetes, professionals, and researchers concerned with the treatment and prevention of diabetes.	<a href="http://www.diabetesaustralia.com.au">www.diabetesaustralia.com.au</a>	1300 136 588
National Dementia Helpline	The National Dementia Helpline is currently run by Alzheimer's Australia on behalf of the Australian Government and is the first port of call for many people who have concerns about their memories or have just received a diagnosis.	<a href="http://www.fightdementia.org.au">www.fightdementia.org.au</a>	1800 100 500
Arthritis Australia Arthritis Helpline	Is the peak Arthritis body in Australia and is supported by affiliate offices in each state and territory and provides information to people with Arthritis, their family and friends as well as keeping health professionals informed. The Arthritis Helpline puts callers in touch with the state or territory office eg Arthritis Queensland, Arthritis Victoria, etc.	<a href="http://www.arthritisaustralia.com.au">www.arthritisaustralia.com.au</a>	1800 011 041
Palliative Care Australia	The peak national organisation representing the interests and aspirations of all who share the idea of quality care at the end of life. It has as its members the eight state and territory Palliative Care Associations.	<a href="http://www.palliativecare.org.au">www.palliativecare.org.au</a>	(02) 6232 4433

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Please use the below table to add additional references.

<b>Local organisations</b>	<b>About the organisation</b>	<b>Website</b>	<b>Telephone</b>